TRAINING TOPIC: Preventing Lyme Disease (15 minutes)

TRAINING AIDS:

Handouts:
University of Delaware Policy: No Specific Policy
Lyme Disease: http://content.health.msn.com/content/healthwise/96/24020.htm?lastselectedguid={B7F18B8A-5BA8-43FC-B950-5FA349C6A692}

Presenter Preparation:
1. Read handout materials
2. Review this training outline.
3. Contact Krista Murray (OHS) for additional information on Lyme Disease.

Program: Training Includes:
1. Ask the group the following questions and discuss and expound on the answers which are detailed in the handouts.
   • What does a deer tick look like? About how big are they?
   • How many people each year are affected by Lyme disease? What states are most likely to contain ticks infected with Lyme disease?
   • What is Lyme disease? What are some common symptoms and both long and short term affects of the disease? How is Lyme disease transmitted?
   • What are some ways to treat Lyme disease?
   • How can a person avoid coming in contact with deer ticks that might carry the disease?
   • What jobs are more likely to involve the risk of Lyme disease?
2. Distribute handout information.
   • Discuss the information contained in the handouts.
   • Discuss preventive ways to avoid contact with deer ticks
3. Answer questions from:
   • Discussion
   • Handouts
4. Have the employees sign an attendance sheet.
   http://www.facilities.udel.edu/policies/HRPOLICIES/PolProgMeetingSignInForm_Dec_00.doc