TRAINING TOPIC: Ladder Safety (25 minutes)

TRAINING AIDS:

Handouts:
University of Delaware Policy: No specific policy.
Ladder Safety Summary: Ladder Safety
Portable Ladder Safety: http://muextension.missouri.edu/xplor/agguides/agengin/g01932.htm

Step-by-Step Ladder Safety, Source: OHS Department.
Louisville Ladder Corp., 17 minutes.
Easy as Falling Off a Ladder, Source: OHS Department. 15 minutes.

Presenter Preparation:
1. Review Videotape.
2. Read handout materials
3. Review this training outline.

Program: Training Includes:
1. Ask the group the following questions and discuss and expound on the answers that are detailed in the handouts.
   • What are some common causes of Ladder accidents?
   • What should one do before beginning to work on a ladder to prevent potential injury? (Examples would include choosing correct type of ladder, inspecting ladder and properly setting up ladder)
2. Show Ladder Safety video.
3. Distribute handout information.
   • Discuss the information contained in the handouts and the source of the hand-outs, etc.
   • Discuss proper uses of ladders to prevent possible injury.
   • Discuss actions to be taken if injury occurs.
4. Answer questions from:
   • Discussion
   • Video
   • Handouts
5. Have the employees sign an attendance sheet.
http://www.facilities.udel.edu/policies/HRPOLICIES/PolProgMeetingSignInForm_Dec_00.doc