### Activity | Hazard Identification | Required Precautions
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1. Driving to and from work site. | 1. Motor vehicle accident; striking pedestrians, bicyclists, or persons using rollerblades. | 1. Wear prescription lenses, if required, and seatbelt. Verify that all equipment on vehicle is secured properly. Stay alert for pedestrians, bicyclists, and persons using rollerblades. |
2. Using sprayer. | 2. Paint on skin on in eyes; inhalation of paint fumes. | 2. Only spray on surface to be painted; sprayer is powerful. Keep away from people. Wear respirator. |
3. Spraying while in rooms. | 3. Upper respiratory problems. | 3. Wait for dust to settle. Wear personal protective equipment respirator instead of dust mask. |
4. Using stepladder. | 4. Ladder collapsing; slipping/falling from ladder. | 4. Inspect ladder before use. Use ladder of proper height. Make sure ladder is properly assembled and locked and standing on level ground. Do not exceed weight limit for ladder. Do not stand on top of ladder or on top rung. Have coworker hold ladder. |
5. Lifting heavy equipment. | 5. Back strain. | 5. Know your weight lifting capacity and get help if needed. Lift using leg muscles. Keep back straight. Use mechanical lifting equipment if necessary. |
6. Working in center of room where furniture is located. | 6. Tripping; falling. | 6. Make sure area is secure. |